

# Sheffield Students' Surgical Society



## NEWSLETTER

March 2008

### Dear Members

We hope you're getting back into the swing of things and are enjoying what this year has to offer so far.

We have already had radiology day for finals and a fascinating talk by Mr Westin, and there are more events coming up over the next couple of months.

Anatomy classes will continue running as before and more suturing classes will be advertised shortly.

If you have any ideas or suggestions for talks, events and such, email us at [surgsoc@sheffield.ac.uk](mailto:surgsoc@sheffield.ac.uk). Also if you fancy getting involved with the running of the Society, or just want to learn more about how it all works, come along to the Committee meetings, it would be great to see you there!

Finally a reminder that it's almost that time again for elections, so start thinking about what you might like to do on the committee. It doesn't matter what phase you are in, everyone is welcome.

### IN THIS MONTH'S NEWSLETTER:

- Upcoming talks
- Mr Westin's Talk
- Radiology Day
- Surgical logbooks

## Events

**Iain Cameron, Consultant Hepatobiliary & Pancreatic Surgeon:**

*"Bile-celona, Hong Kong Phooey and Much More..."*

**Wednesday 5<sup>th</sup> March, 6.30pm, MLT 2**

This talk has been re-scheduled from November 2007 following last-minute cancellation. Mr Iain Cameron, Consultant Hepatobiliary Surgeon at the Royal Hallamshire Hospital, will be giving a talk detailing his training in the field of liver, gallbladder and pancreatic surgery. Free entry and refreshments will be provided.

**Professor Richard L Nelson, Consultant Lower Gastrointestinal Surgeon:**



**Lower GI Surgery in the UK and USA...**



**Wednesday 19<sup>th</sup> March 2008, 6pm, MLT2.**

Prof Nelson will give a talk on his successful career as a lower GI surgeon both in the United States, where he was head of the Division of Colon and Rectal Surgery at the University of Illinois, Chicago, prior to emigrating to work in the UK.



# Mr Westin: Head & Neck Reconstructive Surgery

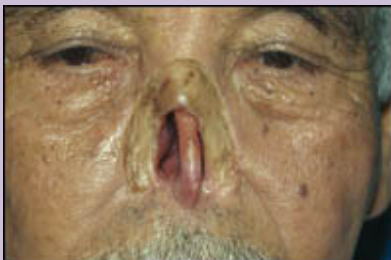


Mr Westin gave a thoroughly interesting and insightful talk on his field of expertise, head and neck reconstructive surgery.

It was not for the faint hearted however; as the title suggests, there were lots of images of extensive surgical procedures of the face and neck, often having to remove a large area of the face and mandible for relatively small tumours. These operations can be extremely long, and often involve other specialties, such as maxillofacial and neurosurgery.

Head and neck cancer has a higher incidence in the east, where people chew beetle nut. Sadly, around 50% of patients with head and neck cancer will die, and these can be young people. However with reconstructive surgery their lives can be made more comfortable. Mr Westin showed us the variety of ways flaps and skin grafts could be used to make a good cosmetic result and how the use of prosthetics has revolutionised this form of surgery, giving a much better quality of life to patients who would otherwise have difficulty socialising. For patients who have had their pharynx removed, surgeons can take skin & subcutaneous tissue from elsewhere to recreate a pharynx, using skin to form the inside of pharynx.

Overall, a fascinating insight into this challenging branch of ENT surgery.



## Surgical Logbooks.....



As mentioned in the last newsletter, we have produced some paper spiral-bound A5-sized Surgical Logbooks, which shall be provided free of charge to members as part of their membership. This is designed to allow student members to record details of operations they have observed or assisted in, following a proforma adapted from that used in the Pan-Surgical Electronic Logbook.

**We will be issuing them to students in phases 3a and above at the next two talks, on the 5<sup>th</sup> and 19<sup>th</sup> March.** Please bring your membership cards along.

# RADIOLOGY FOR FINALS

The team of trainee radiologists at [medicalfinals.co.uk](http://medicalfinals.co.uk) kindly offered to run a day of radiology revision, covering aspects of radiology pertinent to medical finals. During the morning there was a series of lectures covering chest, abdominal and skeletal radiology, as well as other imaging modalities. In the afternoon, students were split up into small groups to have a go at presenting a variety of radiographs with guidance from a radiology registrar. Finally there were some OSCE type questions which gave us a feel for the style of questions that could come up in exams.



Overall feedback from students was positive, and we are hoping to run another radiology day next year. Also thanks to everyone who made a donation to Age Concern. They were really grateful for the support.

**Good luck with exams!**

Do you have anything to say? If you would like to add something to the next newsletter, please email me (Sophie) at [mda04slc@sheffield.ac.uk](mailto:mda04slc@sheffield.ac.uk).



**We will keep you updated with any further news or amendments by email.**

**See you all at the next event  
SurgSoc**

**SHEFFIELD STUDENTS' SURGICAL SOCIETY**

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