

Sheffield Students' Surgical Society



NEWSLETTER

July 2008

Dear Members

For those of you who have just had exams, we hope they went well and that anatomy classes and radiology day helped a little.

Congratulations

to former president Judith Ritchie, who gave birth to a gorgeous baby boy in May. Daniel is now our most junior surgical society member!



IN THIS MONTH'S NEWSLETTER:

- Upcoming Events
- Plaster casts workshop
- WinS evening

Anatomy Classes



We will now be running 2 anatomy classes per week so that there is a class for 1a and 1b every week.

Timetables will be sent out in a few months time.

Events

Mr Raftery's Surgical Case Prize 2008



Surgical Society invites Sheffield medical students to submit an outline of an interesting surgical case they have encountered during any placement or on elective.

All you need to do is prepare a short abstract on your surgical case outlining the learning objectives it highlights, in conjunction with the 92 core problems of the Sheffield curriculum.

All phases can enter. The authors of the best submissions will be invited to present their cases as a PowerPoint presentation at a Case Prize Evening, which is to be held in **September**. The legendary Mr Raftery and another guest will judge the presentations and there is a cash prize of **£100** (sponsored by Natwest) for the winner!

This is an excellent opportunity to practice presenting a case and will look impressive on your CV.

The deadline for submissions is 31st August 2008. Submissions should be emailed to surgsoc@sheffield.ac.uk with "case prize" as the subject. Guidelines can be found on our website.

So what is there to lose? Get writing!



Plaster Casts Workshop

Tuesday 6th May

Mr Wal Baraza, local ASIT representative, kindly offered to teach us about fracture management. He went through some radiographs then we had a go at applying backslabs to wrist and ankle fractures. A fun but messy evening! We will hopefully repeat this evening at some point in the future.

WOMEN IN SURGERY EVENING

Tuesday 3rd June

WinS (formerly known as WIST) stands for Women in Surgery. It's an organisation that is part of the Royal College of Surgeons of England, which aims to encourage women to go into surgical training and support them when they do so.

Ms Birks, Consultant Orthopedic Surgeon and Ms Chandran, Consultant Breast Surgeon spoke about their careers and gave tips on how to make it as a female surgeon. Both their career paths have been very different; Ms Birks has made it to consultant in only 15 years, whereas Ms Chandran took 30 years due to difficulties with being taken seriously as a female surgeon when working in the UAE and also with getting her 20 years experience recognised in the UK.



Some of the students asked about when is the best time to have children when training to be a surgeon and also if it is possible to manage having children with a career in surgery. Although Ms Birks does not have any children, herself and Ms Chandran both know of many female surgical trainees who have children and this is not a problem. You cannot be asked about your plans to have children at interviews and Ms Birks even knew of a female who was 5 months pregnant yet still got the job she applied for! Ms Birks also added that women should start a family when it feels right for them, not to wait until they have made it to Consultant, as it may be too late by then! Nowadays it seems that there are plenty of opportunities along the way for surgeons to work flexible hours.

Hopefully the evening demonstrated that it is possible to manage a career and family life, and inspired more female medical students to become surgeons.

For more information on WinS, visit: <http://www.rcseng.ac.uk/career/wins>

Do you have anything to say? If you would like to add something to the next newsletter, please email us at surgsoc@sheffield.ac.uk



We will keep you updated with any further news or amendments by email.

**See you all at the next event
SurgSoc**

SHEFFIELD STUDENTS' SURGICAL SOCIETY

URL: <http://www.rcssheffield.co.uk>

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